Welcome to the Wayne
The Wayne National Forest has trails for mountain bikes located on all three units of the Wayne:
• 128 miles - North Country Trail (NCT) and its links, Kinderhook Trail, Lamping, Ohio View, and Scenic River trails - Marietta Unit. Mountain bikes are not allowed on the Athens Unit portion of the NCT.
• 84.5 miles - Monday Creek Off-Highway Vehicle (OHV) trails - Athens Unit
• 64 miles - Hanging Rock, Pine Creek, and Superior OHV trails - Ironton Unit

A large mountain bike map has been developed of the trail systems which is available from any of our Forest offices. The trails are open to mountain bike riding (with a permit) from April 15 - December 15 each year.

Depending upon which trail you choose to ride, you may encounter off-road vehicles, horses, or hikers. When using roads as part of your ride, watch for local traffic, large trucks, and animals.

Terrain on these trail systems varies from rolling hills and level ridgetops to some very challenging hills, rocky trails, and steep slopes. Always wear a helmet and be careful.

Contact Us
The Wayne has three offices to serve visitors. Office hours are 8 - 4:30 Monday through Friday.

Athens Ranger District
13700 U.S. Hwy 33
Nelsonville, OH 45764
Phone: 740-753-0101

Marietta Unit Office
27515 State Route 7
Marietta, OH 45750
Phone: 740-373-9055

Ironton Ranger District
6518 State Route 93
Pedro, OH 45659
Phone: 740-534-6500

Federal relay system for the deaf and hearing impaired: 1-800-877-8339
website: www.fs.usda.gov/wayne
Facebook: https://www.facebook.com/waynenationalforest

USDA is an equal opportunity provider, employer, and lender.
Trail permits required
Trail permits are required for riders age 16 and older. Permits must be visually displayed while on the trails. These permits may be purchased at any of our offices, from local vendors, or on-line from our website.

Yielding the Right of Way
Mountain bike riders need to be aware that on the OHV trail systems, OHVs should yield the right of way. However, you will be aware these vehicles are coming long before they can see you, so listen for them and you may wish to yield the trail to avoid accidents.

Likewise, on trails shared with horses, yield to horseback riders by stopping your bike and dismounting uphill from the trail. Many horses are easily spooked by bikes, so it is recommended that you speak to the rider so the horse recognizes you as a person.

Monday Creek OHV Trail Vicinity Map
These 84.5 miles of trail cater primarily to OHVs, though mountain bikes are welcome. Use caution on these trails. There are several trailheads to access these trails. The vicinity map for this trail system is shown to the right.

Ironton District OHV Trails
The Ironton District has three OHV Trail Systems. The Hanging Rock Trails have 27.6 miles of trail. This area was formerly strip-mined and includes more than 50 ponds and steep almost vertical slopes. The Pine Creek Trails have 21.5 miles of trail, and the Superior Trail has 14.8 miles of trail. The Pine Creek and Superior Trail systems now are linked and eventually all three will link together.

The trails cater primarily to OHVs, though mountain bikes are welcome. Use caution on these trails. Vehicle parking is available at the trailheads and at designated pull-offs along the road. The vicinity map for this trail system is shown to the right.
Kinderhook Horse Trail
To access this 16.5-mile trail through some of the steeper hills on the Wayne, take Hwy 7 east/north from Marietta to Newport (~17 miles). Two miles past Newport turn north at the Kinderhook sign on to Green Street (CR 25). Follow the road 0.8 miles to Dana Road (CR 244) to the trailhead. A restroom is available. Though this trail caters primarily to horses, mountain bikes are welcome.

Marietta Unit Hiking and Bike Trails
There are several trails in the rugged hills of the Marietta Unit which allow for mountain bikes.
- North Country Trail (NCT): 56.8 miles on the Marietta Unit of the Wayne NF allow for mountain bikes.
- Archers Fork Trail: 12-mile loop off the North Country Trail
- Covered Bridge Trail: 5 miles of trail between Hune Covered Bridge and Rinard Covered Bridge.
- Covered Bridge/NCT Connector (Shay Ridge Trail: 3-mile connector trail between the Covered Bridge and NCT
- Lamping Homestead: 4 miles of trail in a loop around Lamping Lake.
- Ohio View Trail: 9 miles of trail from Highway 7 along the Ohio River up to overlooks above the river.
- Ohio View/NCT Connector: 3.5 miles of trail between the Ohio View and NCT.
- Scenic River Trail: 4.4 miles of trail from Leith Run Recreation Area to the NCT.

The vicinity map for these trails is shown below.

- Tread Lightly on the Wayne N.F.
  - Travel Responsibly. Only where bicycles are permitted. Stay on designated trails.
  - Respect the rights of others to enjoy their activities undisturbed.
  - Educate yourself by obtaining travel maps and regulations, comply with signs and barriers. Learn the rules and follow them.
  - Avoid sensitive areas. Do not ride through streams, over shrubs or cut across a switch back.
  - Do your part to protect the environment, and preserve opportunities to enjoy your mountain bike on wild lands.